

# From the Principal

# 2 May 2024 Newsletter 11

# CALENDAR 2024

## MAY

School Photo Day	Mon 6
School council meeting	Mon 6
Mother's day stall	Tue 7
Mother's day stall	Thu 9
Play Session 2	Thur 9
BULLY ZERO Parent Session 4.30	Thu 9
3-6 Bully Zero Cyber Safety	Fri 10
Play Session 3	Tue 14
3/4 Green PLANKS incursion	Wed 15
Play Session 4	Tue 21
Division Cross Country	Wed 22
Play Session 5	Thur 30
JUNE	
WHOLE SCHOOL DANCE	Mon 3
Report Writing day- no school for students	Fri 7

### **TEMPORARY SCHOOL PHONE NUMBER**

As part of the preparation works for pouring the new building slab, our telecom connection is being rerouted around the building. While this occurs, Kangaroo Ground Primary School's phone line (9712 0292) will be down for an unspecified amount of time.

In the interim our temporary mobile number is **0459 900 879**.

Please use this number to reach the main office, and please note this will be the number we use to reach parents and carers.

We suggest you save this number so that you recognise it if we are attempting to contact you. Alternatively, you can still reach the school and teachers through XUNO messages.

### **2025 PREP ENROLMENTS**

Our Prep teachers are running 'Come and Explore' days throughout May. Sessions will run from 2:40 to 3:10pm and will be on May 2, 9, 14, 21 and 30. These sessions are in addition to the term four transition sessions.

Thanks again to everyone who has already enrolled their Prep child for 2025. We are already filling our two Prep grades so please be sure to fill in the forms available on our website. This also assists us with our planning for next year. Please remind anyone who may be interested that we offer places to all our KG Pre-schoolers and enrol other students on a first come, first served basis, so once the two classes are full we will be unable to take any further enrolments.

### SCHOOL PHOTO DAY NEXT MONDAY 1ST MAY

Please take note that our school Photo Day will be next Monday 1st May. We do encourage all children to be in school uniform for this day. Children will need to have their photo envelopes with them on the day.

Thanks again, Laurie Murray

# **MOTHER'S DAY STALL**

Mother's Day stalls in the ALC building on Tuesday morning 7/5 and Thursday morning 9/5 next week.

\$5-10 is more than enough to pick out something nice for mum!

Fundraising committee

# IN THIS ISSUE

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Values of the Week

**Colouring competition winners** 

**KG ANZAC Day** 

**Equestrian State Championship** 

**Bully Zero** 

**Movie Night sponsors and donors** 

**YPRL Mobile Library** 



US

King's Birthday public holiday Mon 10

CONTACT Address: 10 Graham Rd, Kangaroo Ground, 3097 Phone: 9712 0292 kangaroo.ground.ps@education.vic.gov.au www.kangaroogroundps.vic.edu.au Out of School Hours Care (OSHC): 9712 0124 / 0419 893 272 kgpsoshc@bigpond.com **FUNDRAISING NEWS** 

Mother's Day stall- Tuesday 07/05 and Thursday 09/05 Bring \$5-10 to pick out a gift for mum!

# **Drive In Movie Night**

A big thank you to everyone that came to and contributed to movie night in any way. A lot of work and planning goes into to the evening and we hope everyone enjoyed the night despite the drizzly weather. Any feedback on the night or ideas/ways to improve can be passed on to fundraising or even betterjoin in the planning/organizing fun for next year!

Thank you to the school council and president Amber for ongoing support.

Thank you to staff- Laurie, Lisa, Jacinta and all the teachers who contributed to set up!

Sarah Carruthers- organizing the children's artworks for the silent auction and they looked fantastic!

Thank you to the movie night sub-committee

Sandra- planning, preparing and serving all the food!!

Peter- audio visual

Megan- all the artwork, brochures, posters and anything else that needs to look nice!!

Rochelle

Brendan- saving the lighting situation at the last minute!

Thank you to the silent auction team- who helped source and collect all the items. Thank you to Verity for all her hard work pulling it all together in the end!

Anna

Jacqui

Katina

Felicity

Volkan

Thank you to parents who volunteered to help with stalls and to Bianca and Corinne for organizing and running the fun hair stall. Also, Andrew and Simone who run the popcorn machine.

Thank you to all of our sponsors and donors to our silent auction.

Our Major sponsors:

Barry Plant, Bendigo bank

Other sponsors

Hurstbridge Garden Supplies, Ruby Tuesday, Andy Greene Bricklaying, Hurstbridge Dental, Eltham Swim, and Fondata.

Thank you to all the local businesses that donated items or vouchers to the silent auction- please look over the businesses in the newsletter and mention our gratitude if you visit these businesses.



Back - Daniel, Sienna, Harry, Lizzy, Ned, Amber and Cisco Front - Valentino, Pacey, India, Benji and Ashton



Back - Bonnie, Kenzie, Chloe, Amelie, Sienna, Emerson and Lita Front - Mia, Riley, Sully, Rory and Fletcher



EXCELLENCE

Our KG students took part in the Alowyn Gardens colouring competition. A massive congratulations to Sienna who placed 3rd in her age group. Amber and Holly both placed 2nd in their age groups. Lillia placed 1st in her age group.

# Anzac Day 2024

Last Thursday the four school leaders went to the KG
Memorial Tower and read,
'We Shall Keep the Faith' by Moina Michael
We laid the wreaths that the school community made and
put at the foot of the tower.

Thank you to everyone who attended.

Darcy, Sammy, Cody and Lila









# INTERSCHOOL VICTORIA

# EQUESTRIAN STATE CHAMPIONSHIPS

Over the school holidays, Sienna and Milla represented KG in the Victorian Interschool State Equestrian competition. It was a massive event, with different competitions running across 5 days and thousands of kids competing.

Sienna rode her pony Sara Dane in the Preparatory Dressage and placed 6th in her test. A great achievement!

Milla was planning on competing on her two ponies but unfortunately her new pony had to be scratched on the morning of the competition. Milla competed on FB Mercury and placed 7th in the Combined Training, as well as 2nd and 7th in the 60cm Show Jumping. When all the scores were added up, Milla was 4th overall in the State Show Jumping Championship. Well done Milla!

The incredible KG team of two ended up placing 54th out of over 300 schools, with most of the teams having 6 to 8 riders in them. Congratulations girls! An incredible achievement!















# KANGAROO GROUND PS PHOTO DAY



# MONDAY 6TH MAY 2024

Ordering envelopes will be distributed to students shortly.

Using your child's unique shootkey,

head to www.msp.com.au to place your order.



# **FAMILY PHOTOS**

Family/Sibling photos are available for students attending school. Orders must be placed by **11:59PM** the day before photo day.

Parents with 3 or more children can receive a concession with our **Premium** or **Classic** packs. To take up this offer, please contact us prior to photo day.

# **GROUP STYLE**



We're here to help.

msp photography



# BULLY ZERO STUDENT AND PARENT SESSIONS

KGPS is excited to be working with Bully Zero who will be supporting both Students and Parents.

# The student programs will run on May 10th

# P-2 'Understanding Bullying'

- · General overview of bullying
- · What bullying is
- · What bullying is not
- · Different types of bullying behaviour
- · Strategies to address bullying
- · The role of the Upstander
- · Empathy and respect
- · Help and support

# Year 3-6 'Safety Net'

- · Recognising cyberbullying
- · What cyberbullying is and is not
- Online activity
- Gaming and age restrictions in Australia
- · Digital footprint
- · Online dangers
- Privacy
- · Respectful behaviour online
- · Where to get help

We are also excited to offer a KGPS parent session run by Bully Zero. We highly encourage our whole school community to access this seminar.

# Parent Session Thursday, May 9th 4.30 'It Takes a Village' (CYBER SAFETY)

- What is cyberbullying?
- Statistics
- · Current social media trends and online dangers
- · Account management, privacy and reporting
- · What parents can do to help reduce online risks
- · Where to go for help

You will need to register for the parent session by following this link:









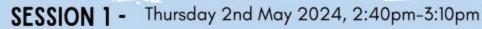
# IS YOUR CHILD STARTING SCHOOL IN 2025?

Prospective families are invited to experience Kangaroo Ground Primary School at our open play sessions throughout May.



# PLAY SESSIONS

Come and explore Kangaroo Ground Primary School, have a play in the Prep classrooms, meet our friendly teachers and experience a taste of school. Call or email us to register your interest.



**SESSION 2 -** Thursday 9th May 2024, 2:40pm-3:10pm

**SESSION 3 -** Tuesday 14th May 2024, 2:40pm-3:10pm

**SESSION 4 -** Tuesday 21st May 2024, 2:40pm-3:10pm

SESSION 5 - Thursday 30th May 2024, 2:40pm-3:10pm



# SEE OUR SCHOOL IN ACTION!

We'd love to show you around our school!

Open mornings every Monday and Wednesday between 9am-llam, or contact us to arrange a tour at a time convenient to you.







# **YPRL Mobile Library**

The YRPL Mobile Library is a fantastic service that you can use every week! We travel across three different councils and have a regular timetable with two to four stops daily.

What can the mobile do for you?

Our services include:

Over 12,500 items on board

Children's Area

Click & Collect services

Free-WiFi including two computers

Tech help - call 0419 883 159 to book a 30 minute session

Please see below for our timetable and extra information. And also it's all FREE!

Sign up and gain access to all these amazing benefits!



# What can the



# **Mobile Library**



do for you?



Over 12,500 items Including books, audiobooks, magazines, large print, DVDs, and more!



Free Wi-Fi Plus internet access with two computers and a printing service.



Children's Area Picture books, junior DVDs, easy stories, and colouring in activities.



Call 0419 883 159 to book in a session for your tech needs!

Tech Help



Click & Collect Reserve your books online and select Mobile Library to collect onboard.



Discover more! Scan the OR code to learn more about your local Mobile Library and our timetable!

### Monday

9.00am-11.00am

Wollert

25 Epping Road (Wollert Community Centre)

12.00pm-2.00pm

Eppino

527 High Street (Epping Memorial Hall)

3.00pm-5.00pm

De Rossi Boulevard (Wollert Primary School)

### Tuesday

9.00am-11.00am

Panton Hill

3 Bishops Road (Memorial Park)

12.00pm-2.00pm

Warrandyte North

186 Research-Warrandyte Road (Yarra Warra Preschool)

3.00pm-5.00pm

Yarramhat

466 Ironbark Road

5.30pm-7.30pm

Hurstbridge

989 Main Hurstbridge Road (Primary School)

# Wednesday

9.00am-11.00am

35 Caledonia Street (Wadambuk Community Centre)

12.00pm-2.00pm

Kangaroo Ground

10 Graham Road (Primary School)

3.00pm-7.30pm

Diamond Creek

28 Main Hurstbridge Road (Community Centre)

### Thursday

9.30am-11.30am

Arthurs Creek

900 Arthurs Creek Road (Primary School)

# 12.00pm-4.00pm

1 Armidale Road (Laurimar Primary School)

### Friday

9.00am-12.00pm

Heidelberg West

8 Moresby Court (Olympic Shopping Centre)

1.30pm-3.30pm

Christmas Hills

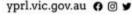
1409 Eltham-Yarra Glen Road (Primary School)















# Kangaroo Ground Pre-school



Exceptional,
flexible, play based
3 & 4 yr old pre-school
in a beautiful and
natural setting

- Rated as Exceeding National Quality Standards
- 9am 3pm sessions
- Before & after care
- Experienced & nurturing staff
- A strong sense of community





20 Graham Rd, Kangaroo Ground Phone: 9712 0297

www.kangaroogroundpreschool.com.au



to work with timber and tools!

Design and create a fun project!

18 places available for students in Year 4 and 5 in Warrandyte High School's 6 week WOODWORK Course

WHEN: Each Wednesday, 4pm-5pm from 8 May (Week 4 of Term 2) – 12 June

WHERE: Warrandyte High School - in our BRAND NEW ART AND TECHNOLOGY BUILDING

**WHO:** Year 4 + 5 students can participate in this awesome experience

**COST:** \$35 for the entire 6-week Woodwork Experience!

# g-Act Dance Perform in a Show!

KANGAROO GROUND PRIMARY SCHOOL

TRUMPET LESSONS AT

July Holiday Camp Eltham College

Monday 8 to Friday 12 July

Learning an international language that can be expressed all over the world is a whole lot of fun while you learn how to play and read music. Take on a classical piece, a popular piece, your favourite movie theme, swing it out Come and join the band of brass players at Kangaroo Ground. It is a great way to be introduced to an instrument and the exciting world of music.

health and well-being; and foster a greater capacity for memory and social motor movements and coordination skills; provide strategies to support Learning to play a musical instrument can also enhance fine and gross skills interactions and self-expression. So many wonderful benefits!

with a jazz tune or two and more.

finding their way of learning is a wonderful experience and so rewarding to see them learn with music. I love sharing this knowledge with my students. I have over 18 years experience (11 at KGPS) working with children and

If your child is curious about learning the trumpet please email me and we can arrange a free no obligation mini lesson to see if they like it

All enquiries please contact Tai Jordan via email: taimusiclessons@gmail.com or contact 0409 525 298.



Monday 8 to Friday 12 July Eltham College

www.kidsupfront.com.au For full details and to BOOK online

# AMINIOUS MILMOS

Are you a teen challenged by anxiety? You're not alone! Come join our supportive community where you can connect with others who understand your experience.

We are now accepting referrals for teens aged 13-18 years who experience anxiety to join our CBT based anxiety community group.

6x fortnightly sessions on a Thursday at 4:15pm starting on Thursday 2nd May 2024 at our **Yarrambat Office** 

\$65 per session (Medicare and NDIS applicable)







# Health

Psychoeducation through dicussing mental health themes in popular books Meet like minded people in your age group

# Group ages:

13-18 yrs





CONNECTING AUTISTIC KIDS THROUGH GAMES AND TOPICS THEY ARE PASSIONATE ABOUT.



THIS GROUP PROGRAM LOOKS TO BUILD SOCIAL CONNECTIONS IN AUTISTIC CHILDREN AND WILL INVOLVE THE FOLLOWING:

- SMALL GROUPS
- CHILDREN CAN SHARE INFORMATION ABOUT A PASSION/STRONG INTEREST OF THEIRS WITH OTHERS
- PLAYING GROUP GAMES.

CHILDREN CAN ALSO LEAD AN ACTIVITY THAT FOCUSES ON THEIR INTEREST.

> TO REGISTER YOUR INTEREST. SCAN THE QR CODE.

For more information, contact groups@unitedminds.org.au or 03 8692 9949

### COMING SOON

**OPEN TO AUTISTIC CHILDREN AGED 10-12** 

YEARS.

- 7 X 60-MINUTE, FORTNIGHTLY SESSIONS.
- COST: \$37
- MEDICARE REBATES/NDIS FUNDING AVAII ARI F
- LOCATION: 605 YAN YEAN RD YARRAMBAT







To register vour interest scan the QR code



Are you sick of mealtime battles with your picky eater?

take the next step with The Unfussy Say goodbye to mealtime stress & Eater Program

Our innovative online program is designed specifically for picky eaters and their families!



# What's included?











Food guides & Monthly coaching calls

Bonus modules

Private community

Easy to follow worksheets

Self-guided videos

Don't let your child's picky eating habits hold them back...

Take your child from surviving to thriving IN 6 WEEKS Save your spot today by scanning the code



# NUTRITION CORNER SE Well





# Should You Be Concerned If Your Child Prefers



# Beige Foods?

While it's natural to be concerned about your child's diet, understanding the reasons behind their food preferences and how to address them can help alleviate some of those worries.

# Why Do Children Prefer Beige Foods?

- Texture Sensitivity: Children, especially toddlers, are often sensitive to textures. Beige foods to have a softer, smoother and consistent texture compared to many fruits and vegetables, which can be perceived as being inconsistent in terms of size, taste and texture by some
- comfort. Children may prefer what they know and trust, leading them to gravitate towards these Familiarity and Comfort: Beige foods are often staples in a child's diet, and familiarity breeds
  - palatable. These foods trigger the brain's reward system, making them more appealing to Palatability: Beige foods are often rich in carbohydrates and fats, which are inherently

# Tips to Encourage Healthy Eating Habits:

- 1. Offer Choices: Provide a selection of nutritious foods and let your child choose what they want to eat. This gives them a sense of control and independence.
- Be Patient: Picky eating is usually a passing phase. Continue offering a variety of foods, and don't be discouraged if your child rejects them at first
- Get Creative: Experiment with different cooking methods, flavours, and presentations to make healthy foods more appealing to your child
- Celebrate Successes: Praise your child when they try new foods, even if they don't like them. Positive reinforcement can help build confidence and curiosity around food











Got A Nutrition Question? Send it through!



www.bewellnourishment.com

Be Well Nourishment Family Nutrition

