

## CALENDAR

### MARCH

Curriculum day-pupil-free day-OSHC will NOT be available

Fri 10

Labour Day holiday

Mon 13

Meet the Teacher-  
no school for students-  
OSHC available-  
please book

Wed 15

NAPLAN

Thu 16

NAPLAN

Fri 17

NAPLAN

Mon 20

School council meeting

Mon 20

NAPLAN

Tue 21

NAPLAN (catch-up)

Wed 22

### APRIL

DRIVE IN MOVIE NIGHT

Wed 5

LAST DAY OF TERM 1  
Dismissal 2.30pm

Thu 6

FIRST DAY OF TERM 2

Mon 24

ANZAC Day

Tue 25

### MAY

School council meeting

Mon 1

School photos

Mon 8

### JUNE

PRODUCTION

Mon 5

Report-writing day-no  
school for students

Fri 9

King's Birthday public  
holiday

Mon 12

## 9 March 2023 Newsletter 6

### From the Principal

#### DRIVE-IN MOVIE TICKETS ON SALE

Parents are able to log into XUNO to purchase a family ticket for the Drive-in Movie night. Please note there is a family charge of \$30 to attend on the night, regardless of whether or not you park your car on the oval. We ask families attending to purchase their ticket prior to the event.

Please check Rachelle's updated message included in today's newsletter.

#### NESST CURRICULUM DAY TOMORROW, FRIDAY 10TH MARCH – NO OSHC AVAILABLE THIS DAY

Tomorrow is the second of this year's School Council approved Curriculum Days. Our staff will be joining teachers from other local schools for professional development activities. Please note this is a pupil free day and OSHC will not be available so parents will need to make other arrangements for children's supervision this day.

SKATERZ in Eltham has offered our school a special discount rate on the Curriculum day from 10:30am to 1:30pm. Entry will be \$10 including skate hire will be free

(normally \$20)

Supervising parents are free. Please mention that you are from Kangaroo Ground Primary to access our special discount rate.

#### MEET THE TEACHER DAY WEDNESDAY 15TH MARCH

Our OSHC program will be available from 7:15am to 6:00pm on 'Meet the Teacher' day on Wednesday 15th March. If you intend using this program on 'Meet the teacher day', please let Marita know. The cost is subsidised at \$45 for this day.

#### 2024 PREP ENROLMENTS

Thanks to everyone who has already enrolled their Prep child for 2024. We are already close to filling our two Prep grades so there are limited places remaining. Please remind anyone who may be interested that we offer places to our KG Pre-school and enrol other students on a first come, first served basis, so once the two classes are full we will be unable to take any further enrolments.

Thanks again,

Laurie Murray

### NAPLAN 2023

#### Wednesday 15th March to Monday 27th March

Our Grade 3 and 5 students will be participating shortly in NAPLAN (National Literacy and Numeracy) assessment.

NAPLAN assesses the literacy and numeracy skills that students are learning through the school curriculum and allows parents/carers to see how their child is progressing against national standards over time.

It is just ONE aspect of a school's assessment and reporting process. It doesn't replace ongoing assessments

made by teachers about student performance, but it can provide teachers with additional information about students' educational progress.

We have scheduled over the next couple of weeks to administer the tests and students have also participated in practice tests online.

If you would like some more information about NAPLAN, visit [nap.edu.au](http://nap.edu.au)

Maria Parks  
Assistant Principal

### Save the Date for our annual Drive-In Movie Fundraiser!

#### Wednesday 5th April, 2023

As most of you are aware, we are well under way preparing for the upcoming Movie Night. One of the best parts of the evening is the Silent Auction. It is a lot of fun and it also generates a large portion of the funds raised from the night. We are once again calling for your help!

Last year we asked for families to contribute items for the silent auction and this worked really well in addition to calling out our local businesses for support.

We are sticking with two themes this year, to simplify things. Tubs will be placed at the office for you or your child to place items in. Please do not go overboard, the items will be collated by us and placed in hampers together. You could add something small to your weekly shop to send to school, there is no need to go overboard.

### Prep – Grade 3 Wine and Dine Me!

*Please bring in any items that you'd fancy yourself for a fancy night in at home. Think a nice bottle of wine, preserves, fancy crackers, chocolates, etc.*

### Grade 4-6 Pamper Me!

*Please bring in any hand creams, lotions, bath products etc.*

If you have anything that you'd like to donate to the silent auction that falls outside of these categories or you are a small business who'd like to donate a product or voucher please get in touch.

Once again we thank everyone for their support

Rachelle Cuthbert-Sayers

## CONTACT US

Address: 10 Graham Rd, Kangaroo Ground, 3097 Phone: 9712 0292  
[kangaroo.ground.ps@education.vic.gov.au](mailto:kangaroo.ground.ps@education.vic.gov.au) [www.kangaroogroundps.vic.edu.au](http://www.kangaroogroundps.vic.edu.au)  
 Out of School Hours Care (OSHC): 9712 0124 / 0419 893 272 [kgpsoshc@bigpond.com](mailto:kgpsoshc@bigpond.com)



# VALUES OF THE WEEK



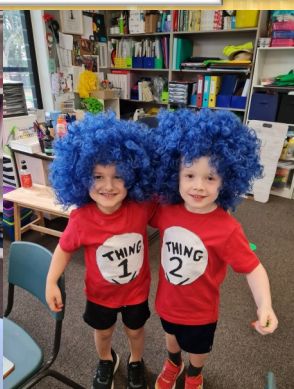
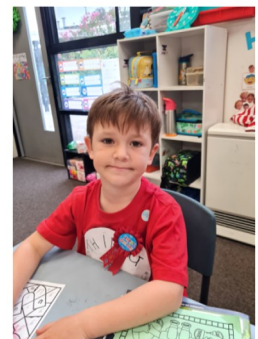
Back - Cooper, Sammy, Nick, Archie, Jonah and Lola  
Front - Fletcher, Jai, Gus, Maxy and Bodhi

## ST JOHNS First Aid training for students





# Life Ed and Dr Seuss Dress Up Day





# WARRANDYTE BASKETBALL



## Redbacks Winter 2023 Season Registrations now open



To register go to

[www.warrandytebasketball.com.au/redbacks-registration/](http://www.warrandytebasketball.com.au/redbacks-registration/)

**Registrations close 11:59pm on 24 March 2023**  
**Early bird discount available until 17 March 2023**

### Have you thought about Girl Guides for your daughter?

Give your daughter the chance to meet other girls her age and to learn new & valuable skills!

Eltham Girl Guides operate at the Guide Hall on Youth Road (behind the train station, opposite the tennis courts).

With groups ranging from **Gumnuts** (age 5-7), **Brownies** (age 7-10), **Guides** (age 10-13) and going on to **Rangers** and beyond, there is a group to suit every age.

We offer three trial sessions before families need to commit.

If you would like to learn more, including fees, days, uniform etc, please contact Anna Kelman (Secretary for the Eltham Guides Support Group) on [annakelman77@gmail.com](mailto:annakelman77@gmail.com)



## HOW TO MODEL EMOTIONAL WELLBEING FOR YOUR CHILDREN

As parents, you want your children to be happy, healthy people who show kindness, care and consideration for those around them. Luckily, there are many things you can do to help your child develop these skills and lead full, successful lives.

Children learn from moment to moment, so the way you spend time with your children, how you respond to their questions, needs and interests, and the lessons you teach them all make a big impact. This impact affects their confidence, independence, adaptability and sociability – now and for years to come.

In fact, children who can adapt and problem-solve in situations at preschool age show positive benefits throughout childhood and adolescence. They report more heightened wellbeing, better social skills and academic achievement, reduced aggression, and improved mental health and socio-economic outcomes throughout their teen and adult years.

Again, many of these benefits can be assisted by your parenting skills. Children learn best from frequent practice, so by beginning early and consistently, you can set family rules and expectations that help your child learn to problem solve calmly, treat people and animals kindly, and more. When you show your child empathy and compassion, they learn from that too!

Parenthood is filled with so many opportunities to model emotional wellbeing for your children.

[www.triplep-parenting.net.au/](http://www.triplep-parenting.net.au/)

Triple P – Positive Parenting Program® support can give you more simple, practical steps to make family life a bit easier.







PROUDLY RUN BY LOCAL  
POLICE AND VOLUNTEERS



**FRIDAY 17TH MARCH**

**\$8  
ENTRY**



# **DIAMOND CREEK BLUE LIGHT**

**DIAMOND CREEK COMMUNITY CENTRE**

**28 MAIN HURSTBRIDGE RD, DIAMOND CREEK**

**7-9.30PM | AGES 8 TO 13 ONLY | \$8 ENTRY**

CONTACT SENIOR SERGEANT WAYNE SPENCE 9438 8300  
PLEASE ENSURE CHILDREN HAVE AN EMERGENCY CONTACT ON THEM



DIAMOND CREEK BLUE LIGHT DISCO



DIAMOND CREEK BLUE LIGHT



# Raise some **DOUGH** and **FUNDRAISE** WITH US!

**\$9.50**  
per pack

**HELP US RAISE SOME DOUGH WITH DELICIOUS HOT CROSS BUNS!**

Fill out the form below with your fundraising order:

First Name

Last Name

Phone Number

Group (i.e. Class/Team)

Please enter the number of Hot Cross Bun 6-Packs you are ordering below:

Traditional  
Hot Cross Bun  
6-Pack



Apple & Cinnamon  
Hot Cross Bun  
6-Pack



Choc Chip  
Hot Cross Bun  
6-Pack



Additional comments:

Help us raise some dough with delicious hot cross buns!

They are \$9.50/pack and \$2 from each purchase goes to the school!

Delivery/pick up of the buns will be after school on Monday April 3 or alternatively can be delivered to your child's class (please note this on order form)

Return order forms to the office by Friday March 24.

Payment can be made via eftpos at the office or BPAY (please note "your name" in your reference

*Bakers  
Delight*

LOVEour  
LOCALS™

KANGAROO GROUND  
PRIMARY SCHOOL No 2105



Payment can made at the  
school office

Eftpos, credit card, cash  
and BPAY are acceptable

**NSC Chess Tournaments at Kangaroo Ground Primary School**

Northern Star Chess has been running chess tournaments, one per term, at KGPS for more than 15 years! We welcome KGPS students to join in at any of the 4 events this year. Online registration is essential, we offer this using Trybooking. Please see below for the link which has been set up especially for KGPS parents.

**Register before the event**

Due to the nature of this process, your child needs to be registered online before the event. We can only accept KGPS students on the day if they are registered. (unless a parent comes with the child at the start of the tournament to give permission and make a cash payment)

<b>Term 1:</b>	Wednesday 5 April 9:30am to 2:00pm (approx)
<b>Term 2:</b>	Thursday 15 June 9:30am to 2:00pm (approx)
<b>Term 3:</b>	Thursday 31 August 9:30am to 2:00pm (approx)
<b>Term 4:</b>	Friday 3 November 9:30am to 2:00pm (approx)

**Format:**

- Individual based tournament
- Every student plays 7 games against players of similar skill, regardless of how many games they win or lose (Swiss pairing method)
- Students experience proper tournament rules
- Gold/Silver/Bronze medals awarded to various grade/year level categories
- "Star of the tournament" trophy for top scorer of the day
- Table prizes/giveaways.
- Cost is \$25 per student per event

**How to register – KGPS chess tournaments:**

Register and pay online with Trybooking.com using any of the methods below:

1. **Scan QR code** for booking page
2. **[Click on this link](#)** for booking page (if you see a clickable link)
3. **Type the URL below** in your browser for booking page



**<https://www.trybooking.com/CBUAJ>**

**Enquiries: [info@NorthernStarChess.com](mailto:info@NorthernStarChess.com)**



# DISCOVERY

TUESDAY  
21 MARCH

# NIGHT



***Come meet the new Principal***

**Tours:**  
**5.30pm-8.00pm**

**Principal Address:**  
**7.00pm**

**WEEKLY TOURS**  
**Wednesdays 9.15**  
**Call: 9844 2749**

**Teaching and Learning Excellence**

**Trails of Discovery**

**High Expectations**

**Caring Teachers**



## Warrandyte High School

**EXCELLENCE   INTEGRITY   RESPECT**

**Follow us on Facebook | [warrandytehigh.vic.edu.au](http://warrandytehigh.vic.edu.au)**



# Sustainable House Day

**SUNDAY 19 MARCH**

A free 'open house' event  
showcasing Nillumbik's local gems  
and affordable, sustainable  
solutions for your home

Register now and receive  
your complimentary coffee voucher

[CleanEnergyNillumbik.org.au/SHD2023](https://CleanEnergyNillumbik.org.au/SHD2023)

Proudly supported by



**NATIVE PLANT  
& BOOK SALE**  
**10am - 4pm**  
**22nd April**

**Eltham Community & Reception  
Centre**  
**801 Main Road, Eltham**

Organised by Australian Plants Society Yarra Yarra Group  
Inc. No. A0039676Y



## Q&A

### How to take the stress out of mealtimes



**Wish you had a rule book for how to get your picky eater to try new foods? Here are some ideas to help set you up for success!**

#### **5 tips to help ease mealtime stress with your picky eater & set you up for success**

- 1. Make sure your child has good posture at the table. A secure seating position for core and head support is critical helping with better hand-to-mouth coordination, fine motor manipulation of the food and allows for full range of motion of the jaw for chewing.**
- 2. Always offer a new food with a PREFERRED food. If your child doesn't have something on their plate that makes them feel comfortable, they won't feel safe enough to try a new food.**
- 3. Make sure the new food you're introducing is SKILL appropriate - do you need to cut up food into small pieces, offer smaller portions, softer meats etc.**
- 4. Don't make your child feel bad for not trying a food. If they aren't ready that is okay, building trust around food and mealtimes will help them feel confident to try new things.**
- 5. Offer new foods again & again without pressure to eat it! If your child doesn't have the opportunity to see, interact, smell, and touch new foods in a safe way - they won't learn that its just fine and build trust to try it. Kids need multiple exposures to it.**

**Got A Nutrition Question? Send it through!**



@familynutritionist\_tracy



bewellnourishment.com



Be Well Nourishment Family Nutrition



bewellnourishment@gmail.com



0427 733 485





## KGPS School Production 2023

This Year K.G. is turning GREEN as we perform Shrek Jr on Monday 5<sup>th</sup> June at the George Wood Theatre (Yarra Valley Grammar School, Ringwood).

All students will have the opportunity to be involved in the production – singing, dancing and acting on stage. Some of our senior students will also have the opportunity to take on additional responsibilities and help backstage with tasks like lighting and sets and props.

Auditions were held late last year and our Main Cast is now confirmed. As I say to the students –every role is essential to the success in our show, big or small! Rehearsals have started this week for all classes and the enthusiasm from our students has been incredible.

### Parent Helpers

Putting together a production with 250 students is quite a mammoth task! Any assistance from parents or members of the school community would be greatly appreciated.

If you are able to help out (even taking on a small job is a big help!) please fill out the Parent Helper form below and return to the Office. Or feel free to send me a message via XUNO.

Thanks,

Sarah Carruthers,  
Performing Arts Teacher & Production Director



## Parent Helper Expression of Interest Form

Name:

Email:

Contact Phone Number:

Child's Name:

Grade:

### I would like to assist with the following:

(Tick all that apply)

- ☐ Costuming (Sewing)
- ☐ Costuming (Non-Sewing)
- ☐ Building Sets/Props (Carpentry Skills)
- ☐ Sourcing Sets & Props (Op-shopping)
- ☐ Decorating Sets & Props (Painting, Gluing, Papier Mache)
- ☐ Transporting Sets & Props (Truck/Van/Horse Trailer)
- ☐ Program Design
- ☐ Photography
- ☐ Videography
- ☐ Lighting
- ☐ Audio
- ☐ Other: \_\_\_\_\_

*Please return this form to the KGPS Office.*

*We will reach out to you in the coming weeks to discuss the ways in which you can help! Thank you.*