

From the Principal

CALENDAR

DECEMBER

5/6 program 'Talk About It'	Fri 8
Meet the Teacher (Prep 2024)	Wed 13
Meet the Teacher (current P-5)	Thur 14
EOY Colour Fun Run/Picnic	Fri 15
Last day for students Final assembly/G6 farewell 12.30pm Dismissal 1.00pm OSHC available	Mon 18

2024

JANUARY

First day for students Preps attend from 9.15am to 1.30pm Full day for all other grades	Tue 30
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FEBRUARY

No school for preps (assessment)	Thu 1
No school for preps (assessment)	Fri 2
No school for preps (assessment)	Thu 8
No school for preps (assessment)	Fri 9
3-6 Swimming	Tue 13
3-6 Swimming	Thu 15
No school for preps (assessment)	Thu 15
No school for preps (assessment)	Fri 16
3-6 Swimming	Tue 20
3-6 Swimming	Thu 22
Sugarloaf District swimming carnival	Fri 23
3-6 Swimming	Tue 27
3-6 Swimming	Tue 29

NEW BUILDING UPDATE

As mentioned earlier, we have had a construction company appointed to finish our new school building. ARC3 are now on site and making preparations to commence work immediately. The planned finish date is 16th January 2025, prior to the start of the 2025 school year. If all goes well, they are hoping to hand over during term four next year so we have our fingers crossed that this happens.

PARENT HELPERS MORNING TEA TODAY

Our parent helpers morning tea was a great way to thank everyone who has helped at KG in any way this year – attending excursions, reading, fundraising, assisting with classroom cooking, electives, etc. Parent volunteers all add to that notion that our children are part of a supportive learning community.

SCHOOL PICNIC/COLOUR RUN

The school picnic has been scheduled to give the children another whole school community event. The colour run/picnic will be held on Friday 15th December. This will take place from 11:30am to 3:20 pm. There are a lot of sausages to cook so we would appreciate some volunteers at 11:30am to operate the barbeque and to help serve the sausages, drinks and icy poles to the children. If you can help with serving, cooking or collecting the sausages and drinks, please contact the office. The actual colour run will take place at 2:30 on the school oval. You might like to send along a plastic bag and a change of top in case children are too messy to sit in the car!

LAST DAY DISMISSAL AND GRADE 6 FAREWELL ASSEMBLY MONDAY 18TH DECEMBER

We will be holding our last whole school assembly at 12:30pm on Monday 18th December. We hope you can join us for this assembly which will give everyone the chance to say their traditional farewells to all our wonderful grade 6s. After school care is available as soon as children are dismissed at 1:00pm. This also gives us the opportunity to tidy up loose ends and hand out any lost property. Children will be dismissed at 1:00pm.

CHESS TOURNAMENT

Our final Northern Star Chess tournament for 2023 took place last Thursday. Our KG team finished in 7th place from a group of 35 schools, a great effort for all our players. A special well done goes to Willem F, who forged a special friendship with one of the other younger players who attended to meet him once more before he moves on to high school.



2024 SWIMMING

Please don't forget that our swimming program begins for our grade 3/4/5/6s in the third week back next year. Please also note the lesson dates will be February 13, 15, 20, 22, 27 & 29. The Sugarloaf District swimming carnival will be on Friday 23rd February at the same venue, Diamond Creek Outdoor Pool.

Laurie Murray
Principal

CONTACT US

Address: 10 Graham Rd, Kangaroo Ground, 3097 Phone: 9712 0292
kangaroo.ground.ps@education.vic.gov.au www.kangaroogroundps.vic.edu.au
 Out of School Hours Care (OSHC): 9712 0124 / 0419 893 272 kgpsoshc@bigpond.com

VALUES OF THE WEEK



Back - Eve, Coco, Milla, Holly, Spencer, Alannah, Gabe and Archer
Front - Violet, Jude, Luna, Valentino, Harley, Lucy and Eisley



Good friends, Bryn and Hugo at recess. Positive friendships at the primary school level play a crucial role in the social, emotional, and academic development of children.



**OUR
WONDERFUL
2024 PREPS
MET THEIR
BUDDIES LAST
WEEK!**



Thank you to the amazing Grade 5s for being so kind and supportive. It was lovely to see you working with the future Preps, and we can't wait to watch your relationships grow!



Grade 6 Day at Funfields

Yesterday our grade 6 students had their celebration day out at Funfields! We enjoyed soaking up the sun and going on as many rides as we possibly could. From chilling in the wave pool to getting thrown around on the Voodoo - it was an amazing day.



HELPERS NEEDED FOR CHRISTMAS WATERING



Dear Parents,

We need helpers to water the vegetable gardens over the Christmas holiday period. The watering period would be from December 20, 2023 to February 2, 2024.

If you have a day or two spare and would like to help, please return the slip below indicating the date/s that you have available.




Thank you,

Ian Jones

I / We would like to help on the following day/s. Please write your name in the square/s.

My / Our name/s: _____

Child's name and class: _____

SAT.	SUN.	MON.	TUES.	WED.	THU.	FRI.
		18 DEC.	19 DEC.	20 DEC.	21 DEC.	22 DEC.
23 DEC.	24 DEC.	25 DEC. 	26 DEC.	27 DEC.	28 DEC.	29 DEC.
30 DEC.	31 DEC.	1 JAN.	2 JAN.	3 JAN.	4 JAN.	5 JAN.
6 JAN.	7 JAN.	8 JAN.	9 JAN.	10 JAN.	11 JAN.	12 JAN.
13 JAN.	14 JAN.	15 JAN.	16 JAN.	17 JAN.	18 JAN.	19 JAN.
20 JAN.	21 JAN.	22 JAN.	23 JAN.	24 JAN.	25 JAN.	26 JAN.
27 JAN.	28 JAN.	29 JAN.	30 JAN.	31 JAN.	1 FEB.	2 FEB.



LOOKING TO PLAY BASKETBALL?

Registrations for the Autumn 2024 season are open. Diamond Creek Basketball Club will have teams in all age groups:

- Girls U8, U10, U12, U14, U16 & U19
- Boys U8, U10, U12, U14, U16, U18 & U20

If you're interested in joining a team, you can register at <https://dcbasketball.com.au/register>

If you would like more information, you can email coordinators@dcbasketball.com.au

 [creekersbball](#)
 contact@dcbasketball.com.au
 facebook.com/dcbasketball
 www.dcbasketball.com.au



Want to play netball in 2024?

Eltham Netball Club registrations open!!
All ages! NetSetGo to 17/19's

Training Tuesday nights St Helena Secondary College
Games played on Saturday's at the Nillumbik Regional Netball Centre

Email Claire at info@elthamnetballclub.com.au



Q&A

DOES MY CHILD NEED A MULTIVITAMIN?



Food is the best way for your child to get all the vitamins and minerals that they need. Eating fruits, vegetables and whole grains also provide fibre and other nutrients that a supplement may not offer. However, if your child does not eat enough of certain foods OR whole food groups, they MAY need a supplement.

Many foods we eat, such as breakfast cereal and juices are fortified with important vitamins and minerals – remember to read the Nutrition Information Panel. Your child may be getting more vitamins and minerals than you think. However, if your child does not eat enough of one or more major food groups then they may need a multivitamin supplement.

If your child eats...	Then supplement with...
Little or no meat or iron-rich foods	A daily multivitamin with iron
No dairy or calcium- enriched foods	Calcium & Vitamin D (check with your doctor for proper dosage)
No animal products (vegan)	Vitamin B12 and possibly iron
Little or no fruits or vegetables	A daily multivitamin

General Points to Consider:

- Always store multivitamins safely out of reach and in childproof containers. Iron and fat soluble vitamins (A, D, E, and K) can be toxic if consumed in large doses.
- Let your child's health care provider know if you plan on giving your child any dietary supplements.
- Consider taste and appeal (since the label won't mean anything if you can't get your child to take them!). If your child is 11 years or older and prefers to swallow rather than chew a multivitamin, then it may be safe to start an adult multivitamin (check with your GP before switching).

Got A Nutrition Question? Send it through!

 @familynutritionist_tracy

 bewellnourishment.com

 0427 733 485

 Be Well Nourishment Family Nutrition

 bewellnourishment@gmail.com



PLAY NETBALL

Come and join our family friendly club. Train on Thursday nights and play each Saturday at the Templestowe courts. From NetSetGo through to Open age groups.

FIND OUT MORE TODAY!

www.panthersjuniornetballclub.com



Ultra Violet (UV) Water Treatment The safest and the best



At Eltham Swimming School, water safety is always our priority.

And that means developing water safe swimmers, using safe water.

We invest heavily in our water quality. These days many facilities attempt to 'disguise' how they treat their water. If you have heard of 'SALT' or 'MINERAL' water treatment, think 'CHLORINE'. You cannot legally swim in a commercial pool if it is not treated with chlorine, and that is because it is unsafe.

Our Victorian Health regulations require chlorine. 'Salt' and 'Mineral' pools make chlorine on site (from the salt, etc). But if something goes wrong during the process, you could be in a pool with **no chlorine** and therefore be in an **untreated pool**.

At Eltham Swimming School, we use ULTRA VIOLET LIGHT plus low chlorine. It is the best and the safest way to treat water.

How does it work?

Ultra Violet light has a bad reputation when it comes to UV protection (sunscreens, etc). However for sanitising water, it excels!! We keep it totally enclosed in a large stainless system (as pictured) where it works its magic. The pool water is completely sanitised each time it passes through our UV chamber and then treated with low chlorine.



This is the best system available

It makes our pool the safest and healthiest water to swim in. For more information, take a look at our Hanovia system at https://www.youtube.com/watch?v=v-mT_JfRPDs



enquiries@elthamswim.com.au

Eltham Swimming School, 1441 Main Road, Eltham 3095 elthamswim.com.au

Intensive Swimming Program January 2024

All ages
4 mths –
teenagers,
adults
all standards



Fast Track Swimming Lessons 5-Day Intensive Program

30 minute lessons
Cost: \$90 per swimmer

FAMILY LAST NAME:
PARENT NAME/S:
MOBILE NUMBER:
EMAIL:

**5 Day Program
(Morning sessions only)**

Thursday, 11th January
Friday, 12th January
Monday, 15th January
Tuesday, 16th January
Wednesday, 17th January

Swimmer Name	Date of Birth	Preferred Time 1 8:30-9:30am 2 9:30-10:30am 3 10:30am +	Current swimmer at ESS?	New swimmer? Your level? Please check See url below
	/ /		Y N	
	/ /		Y N	
	/ /		Y N	
	/ /		Y N	



If you currently attend Eltham Swimming School, we have your Level. For new swimmers, please check our Levels at <https://www.elthamswim.com.au/swimming-lessons/assessment-levels>

To enrol or make an enquiry, scan the QR Code or email us at enquiries@elthamswim.com.au

Eltham Swimming School, 1441 Main Road, Eltham 3095 elthamswim.com.au

HURSTBRIDGE JUNIOR FOOTBALL NETBALL CLUB 2024 SEASON JUNIOR GIRLS REGISTRATION



JUNIOR GIRLS WANTED

**UNDER 12 GIRLS
UNDER 14 GIRLS**



Head to: <https://hurstbridge-junior-football-netball-club.square.site>



JOIN THE FUN

IN 2024!



NAB AFL Auskick is for everyone and offers an inclusive environment for ALL boys & girls aged 4 to 9 years at any skill level to play & have fun!

Clinics held on **Saturday mornings from 9.30am - 10:30am** at Warrandyte Reserve from **4 MAY FOR 14 SESSIONS FOR A TOTAL OF \$99**. For more information please contact Kane or Beck - your Auskick Co-Ordinators email: warrandyteauskick@gmail.com

TO REGISTER FOR AUSKICK SCAN HERE →



WJFC is the perfect place to create long lasting friendships, develop footy skills & maintain fitness. Rules are modified for younger age groups with zoning & no tackling, it's a terrific way to experience team sport!

Games are held on Sundays throughout the YJFL catchment area during terms 2 & 3. **EARLY BIRD REGISTRATION IS OPEN NOW: U8-U10 \$200, U11-YOUTH \$260** (after Early Bird \$220 & \$290 respectively). For more information please contact Irene (Secretary) email: secretary@warrandytejfc.org

TO REGISTER FOR WJFC SCAN HERE →



NEW PLAYERS WELCOME - FREE UNIFORM FOR NEW U8, U9 + U10s

For more information regarding **Auskick** or **WJFC** please use email contacts below:

Auskick: warrandyteauskick@gmail.com

WJFC: secretary@warrandytejfc.org or www.warrandytejfc.org

Warrandyte Reserve - Corner Heidelberg-Warrandyte Rd & Tarroona Avenue





Please ensure all food complies with allergy guidelines. Contact your service for detailed information.

**MON
8
JAN**

RUN AWAY TO THE CIRCUS

Step right up and join the circus extravaganza! Activities include showcasing your flair in the "Greatest Showman Talent Show", crafting DIY finger puppets, capturing memories at the Circus Photo Booth, indulging in delectable Clown Cupcakes, and creating vibrant Clown Paper Plates.



BASE FEE \$68
DAILY TOTAL \$68
AFTER MAX CCS* \$6.80

**MON
15
JAN**

TENNIS FEVER

Catch The Tennis Fever This Summer! Swing Into Action With Activities Such As Superhero Tennis, Challenging Your Agility With Tennis Ball Balance, And Leaving Your Mark With Tennis Ball Prints. Game, Set, Match For A Smashing Good Time.



BASE FEE \$68
DAILY TOTAL \$68
AFTER MAX CCS* \$6.80

**TUE
9
JAN**

**NEW YEAR CELEBRATIONS
INCURSION: SELFGUIDED
NEW YEAR CELEBRATIONS
BUNDLE**

Ring in the New Year with creative flair using the Self-Guided New Year Celebrations Bundle.



BASE FEE \$68
EXC/INC FEE \$22
DAILY TOTAL \$90
AFTER MAX CCS* \$9.00

**TUE
16
JAN**

DISNEY DAY

Embrace the magic with Disney Day! Engage in activities such as crafting delightful Disney Masks, testing your knowledge with Disney Trivia, savoring the magic with Mickey Mouse Cupcakes, embarking on an Enchanted Sensory Safari, and having fun with Disney Bingo.



BASE FEE \$68
DAILY TOTAL \$68
AFTER MAX CCS* \$6.80

**WED
10
JAN**

HAWAIIAN

Aloha, adventurers! Embrace the island spirit with activities such as crafting your own Lei, sipping on a refreshing Piña Colada Mocktail, taking on the Hula Hoops Challenge, testing your flexibility in a Limbo Contest and dancing away to The Hukilau song.



BASE FEE \$68
DAILY TOTAL \$68
AFTER MAX CCS* \$6.80

**WED
17
JAN**

**EUROPEAN
EXCURSION: TIMEZONE
HIGHPPOINT**

ARRIVE BY 08:30 AM
Immerse yourself in the world of gaming at Timezone Highpoint, featuring a variety of arcade and entertainment options.



BASE FEE \$68
EXC/INC FEE \$45
DAILY TOTAL \$113
AFTER MAX CCS* \$11.30

**THU
11
JAN**

**SPY KIDS
EXCURSION: NINJA ZONE
PROGRAM
ARRIVE BY 08:30 AM**

Explore the dynamic world of Ninja zone Program, featuring obstacle courses and challenges that enhance agility and strength.



BASE FEE \$68
EXC/INC FEE \$45
DAILY TOTAL \$113
AFTER MAX CCS* \$11.30

**THU
18
JAN**

**BLOCK BLITZ
INCURSION: SELF GUIDED
NANO BUILDERS MARVEL**

Unleash your creativity with Self-Guided Nano Builders Marvel, where holiday programmers can build their own Marvel-inspired creations.



BASE FEE \$68
EXC/INC FEE \$18
DAILY TOTAL \$86
AFTER MAX CCS* \$8.60

**FRI
12
JAN**

AUSTRALIAN FAIR

Celebrate the spirit of Australia at our Australian Fair! Get involved with a range of activities such as testing your aim in the Thong Throwing Competition, crafting Coloured Sand Jars, indulging in delicious Lamingtons, and showcasing your Aussie pride with Australian Flag Craft.



BASE FEE \$68
DAILY TOTAL \$68
AFTER MAX CCS* \$6.80

**FRI
19
JAN**

HAPPY BIRTHDAY TO...

Celebrate like it's your special day with our "Happy Birthday" theme! Dive into festivities such as grooving at the Birthday Disco, crafting your own Pinata, baking delightful Bday Cupcakes, and engaging in the timeless game of Pass the Parcel.



BASE FEE \$68
DAILY TOTAL \$68
AFTER MAX CCS* \$6.80

*Childcare subsidy (CCS) may apply. Please refer to Services Australia Childcare Subsidy for eligibility and entitlement.

Please note that programs may be subject to change. Visit our website for the most up-to-date information.



Scan for further information and to secure a spot in one of our holiday programs today!