

DATES TO REMEMBER

Father's Day stall	Fri Sep 4
No buses	Fri Sep 4
Aust Girls Choir visit	Fri 4 Sep
5/6 Hooptime	Mon 7 Sep
School Council meeting 3.45-4.45	Mon 7 Sep
No afternoon bus	Wed 9 Sep
Sugarloaf Athletics	Wed 9 Sep
Bacon & Egg Breakfast	Thur 10 Sep
Italian Day	Mon 14 Sep
Last Day Term 3	Fri 18 Sep
First Day Term 4	Mon 5 Oct
School Council meeting 3.45-4.45	Mon 12 Oct
I/S sport v St A	Fri 16 Oct
Taggerty Family Camp	16 -18 Oct
Market day	Wed 21 Oct
Soccer day	Fri 23 Oct
Maths incursion	Mon 26 Oct
Halloween Disco	Thu 29 Oct
Life Ed	Thu 29 Oct
Life Ed	Fri 30 Oct
I/S sport v PH AWAY	Fri 30 Oct
Cup Day	Tue 3 Nov
Grade 2 sleepover	Thur 5 Nov
Prep/1 breakfast	Fri 6 Nov
I/S sport v AC HOME	Fri 6 Nov
P-3 Swimming	Wed 11 Nov
P-3 Swimming	Thur 12 Nov
Prep 2016 transition	Thur 12 Nov
I/S sport v St A	Fri 13 Nov
P-3 Swimming	Wed 18 Nov
P-3 Swimming	Thur 19 Nov
Prep 2016 transition	Thur 19 Nov
P-3 Swimming	Wed 25 Nov
P-3 Swimming	Thur 26 Nov

Front: Sophia Reuben
Back: Nick Zac Amelia Jono



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CONCERT

Last week's concert was a great performing arts opportunity for all our children. Regardless of their roles children were able to feel part of a wonderful team effort. I thank all parents again for their support of our children in this community event. A Concert DVD is still available for \$25. Photos taken during the rehearsals can still be ordered at the office until the end of term. Printing will take place over the break and photos will be distributed next term.

FATHERS DAY STALL

The Father's Day stall will be open for all classes tomorrow afternoon for any children wanting a Father's day gift. Thanks to Rebecca Landy for running the stall this year, it has given all the children an opportunity to select something special for their Dad.

NAPLAN

Our 2015 Naplan results have been sent to the school. Copies are available at the school office for grade 3 and 5 parents to collect.

BACON AND EGG BREAKFAST THURSDAY 10TH SEPTEMBER

The date for our bacon and egg breakfast is set for Thursday 10th September from 8:00am. If anyone has eggs to spare we would appreciate it if you could send them along.

UNIFORM SALES

We will have our new uniform items on sale for our 2016 preps next year. To help make way for the new uniform items we will be selling our old monogrammed uniform items at a 25% discount. As stocks are sold out we will replace these items with the new school uniform.

SCHOOL FEES PAYMENT

Could parents please return payment for any outstanding fees so we can finalise our commitments for the end of term. Thanks for your attention to this and as always, if there are any problems or issues with payment, please let me know. Term four planners will be out shortly.

Thanks again,
Laurie Murray

HAPPY FATHER'S DAY!

A Fathers Day stall will be available for the children to purchase small gifts for their Dad's during Fun Friday and after school until 3.45pm tomorrow. Once again there are new and used items available for sale. Most are priced around \$5 but range between \$2 and \$15 (for new items). With such an abundance of unwanted and useful items already available in our world, second hand items make a great gift for both loved ones and the environment. You will find useful things for Dad as well as a few to play with together.

Friday 4 September is a curriculum day for Diamond Valley College, buses will not run. **Wednesday 9 September** DVC have P/ T interviews and buses will only run in the morning.



Students of the Week



Above and right;- dress rehearsal for the production and below; whole school yoga session



Above- Kelly Sports Mini Athletics Carnival
Left- Indigenous Infusion incursion

³ The following is an article provided by the Education Department

'Helping your child to have a strong sense of identity'

One of the five learning outcomes in the Victorian Early Years Learning Framework and the Early Years Learning Framework for Australia is that children have a strong sense of identity.

All children will develop a strong sense of identity and this is about Who am I? Where and how do I belong? What influence do I have in my world?

Having a strong sense of identity is about learning that you're valued and worthy of attention. Children with a strong sense of identity look for and are open to new challenges. They ask questions and try new things. They know they can contribute to the world and make a difference. They also persist with things and enjoy their achievements.

Relationships are the foundations for your child's strong sense of identity.

To build a strong sense of identity, your child first has to feel they belong. They learn this through safe and secure relationships – first with their family and later with other caring adults and children. Your child's identity is also shaped by the ways that you and others respond to them.

As they grow, most children show interest in being part of a group and playing with others. They become increasingly confident in different social situations and learn that their actions can have effects on themselves and others.

Having a strong sense of identity doesn't mean you have an outgoing or social personality—a quiet or shy child can also have a strong sense of identity.

How can I help my child to develop a strong sense of identity?

- Value what is unique about your child and accept your child for who they are right now:
- Pay close attention to your child's attempts to communicate or interact with you – this tells children they are important and valued.
- Acknowledge what your child says or does without being dismissive or judgmental – this tells them it is safe to express feelings and opinions.
- Encourage your child to make choices and decisions (within appropriate limits). This recognises that your child is able to make decisions.
- When your child says 'I can do it' – let them try. Support your child's efforts to be more independent (while still offering your guidance).
- Encourage your child to solve problems or to keep going when things get tough. This builds your child's resilience and sense of wellbeing.
- Help your child to learn how to treat others:
- Give your child time to play alone and time to play with others.
- Hold back and see if your child can fix their own problems or disagreements (but be ready to step in when they need support).
- Model care, empathy and respect in your own interactions with children and other adults.

Older children will be able to understand that some people have differing needs and they learn to respect the rights, feelings and efforts of others. As they grow they will be able to behave appropriately in a range of social situations and begin to develop and exhibit appropriate behaviours for maintaining positive social relationships.

Talk to your child about how each of us has similarities and differences to help them be comfortable and confident in who they are.

Encourage your child to take pride in their home language and culture and encourage early childhood professionals to include your children's languages, relevant images, books and resources in their work.

Encourage your child's interests and abilities – these are important ways for your child to express who they are. As children grow they can begin to appreciate the similarities and differences between individuals and groups including the language, cultural and religious groups that make up society.

Give your child the opportunity to explore identity through dress ups and dramatic/pretend play.

Developing Resilience in Adolescent Girls

On October 21st, 2015 Educator, Author and Media Commentator **Sharon Witt** will present '**Developing Resilience in Adolescent Girls**'. This is a public event open to parents.

Program description:

We all want to see our girls reach their best outcomes and mature into healthy, strong resilient girls. Resilience involves the ability to 'bounce back' or recover when things go wrong or negative experiences impact us. By giving our girls key strategies to develop resilience, we prepare them for life.

During this 2 hour presentation (including time for discussion and questions), author and educator Sharon Witt, will provide key skills and strategies our girls need in order to be resilient, strong and capable young women.

Key topics include:

- Developing Emotional Intelligence
- Navigating difficult relationships

- Conflict management skills
- The personal values and attitudes we want to foster in our girls
- Developing positive relationships
- Strategies for coping in traumatic or difficult situations
- How to foster optimistic thinking and self-talk
- Coping with Academic Stress

Wednesday October 21st, 2015 7pm to 9pm

Darebin Arts & Entertainment Centre

Cnr Bell St & St Georges Rd, Preston

\$20 per person (at the door) no eftpos

Places can be reserved by emailing rick@criticalagendas.com.au

Enquiries: Ph 0433 616 771

Come and Play Junior cricket at



Want to play cricket in a fun family atmosphere?
We need players and coaches for the 2015-16 season.
Training Starts Soon & Season Launch on Sat 19th Sept

Contact Jason Ditcham 0419507254
Or register at playcricket.com.au

Sherbourne Primary School

FETE

Saturday 12th Sept 2015

10am - 3pm

Outlook Crescent, Briar Hill

DIAMOND CREEK BLUE LIGHT

Community Bank Stadium Fri
11th Sep

www.bluelight.org.au

Arthurs Creek Primary School

Wine & Cheese Night



Date: 24 October

Time: 7.00pm to late

Cost: \$25

Arthurs Creek Hall

Live Auction, Silent Auction,
Games, Prizes & Raffle

Please note that supper is included in ticket price.
Beer & wine will be available for purchase.

Cost: \$25 | Sorry, no kids | For tickets call 9714 8204



Whitefriars College

Open Day Sunday 18 October

We welcome you to join us for the 2015 Open Day which is held over three sessions between 9.00am and 2.30pm. The day provides an avenue for families to learn about the opportunities a Whitefriars education can provide.

Each session commences in the Theatre with a welcome from our Principal, Mr John Finn and a few words from our College Captain and a Year 7 student. Our boys will then be available to take you and your family on a guided tour of the College grounds and facilities, during which our specialised staff welcome your enquiries about our engaging curriculum and specialist programs.

Tour sizes are limited, so please register for the session you wish to attend to reserve your place.

Registration Essential.

Visit us at www.whitefriars.vic.edu.au



WHITEFRIARS
CATHOLIC COLLEGE FOR BOYS

Belong. Believe. Become.