

FEBRUARY

From the Principal

Sugarloaf District swimming carnival	Fri 23
Life Ed	Fri 23
Cake raffle	Mon 26
Fundraising meeting 3.30 ALC	Mon 26
3-6 Swimming	Tue 27
Life Ed	Wed 28
3-6 Swimming	Thu 29

MARCH

5/6 CAMPASPE CAMP	Mon 4
5/6 CAMPASPE CAMP	Tue 5
5/6 CAMPASPE CAMP	Wed 6
Chess Tournament	Thu 7
CURRICULUM DAY No school for students OSHC UNAVAILABLE	Friday 8
Labour Day public holiday	Mon 11
3-6 Swimming	Tue 12
3-6 Swimming	Thu 14
School Council	Mon 18
Hot Cross Bun morning tea	Tue 26
Last day of term 1 2.30pm dismissal	THU 28

APRIL

First day of term 2	Mon 15
DRIVE IN MOVIE NIGHT	Thu 19

SUGARLOAF DISTRICT SWIMMING CARNIVAL TOMORROW

Our Sugarloaf District swimming carnival is scheduled for tomorrow at the Diamond Creek Outdoor Pool. Congratulations to all those students who elected to try out for the various events, we wish them well. If you elect to drive your child to the pool please let your child's teacher know. We look forward to having lots of parent support for all our swimmers.

LIFE ED CLASSES

Each year we have a whole school Life Ed program which covers a range of topics. This year our Preps will focus on friendships, 1/2 on health and safety, 3/4 on friendships and 5/6 on respectful relationships. Please note that the school will contact parents and carers prior to offering any sex ed programs. An outline of these programs is included with today's newsletter and more information about Life Ed and parent resources is available via the following link. <https://www.lifeedvic.org.au/schools/core-program>

DRIVE-IN MOVIE NIGHT APRIL 18TH AND BENDIGO BANK SPONSORSHIP

Our major fund raiser, the drive-in movie night, is scheduled for Thursday 18th April, the first week back in second term. Please check the Newsletter for more details. The Community Bank Hurstbridge has been a regular Drive-in movie night sponsor and a great supporter of Kangaroo Ground Primary for some time now. We would like to recognise their on-going community support for our school so if you have any dealings with the bank or any of our other sponsors, it would be appreciated if you could mention our school and thank them for their sponsorship.

An invitation for a Community Bank Business Dinner has been also included with today's newsletter for anyone who may be interested.

2025 PREP ENROLMENTS

Thanks to everyone who has already enrolled their Prep child for 2025. Please remind anyone who may be interested that we offer places to our KG Pre-school and enrol other students on a first come, first served basis, so once the two classes are full we will be unable to take any further enrolments.

PLEASE NOTE NESST CURRICULUM DAY, FRIDAY 8TH MARCH – NO OSHC AVAILABLE THIS DAY

The second of this year's Curriculum Days is scheduled for Friday 8th March. Our staff will be joining teachers from other local schools for professional development activities. Please note this is a pupil free day and OSHC will not be available so parents will need to make other arrangements for children's supervision this day.

HOT DAY TIMETABLE

Please remember that whenever the forecast is 35 degrees or higher, we run a hot day timetable. The lunch break is shortened to half an hour and parents are able to collect their children from 3:00pm. Uncollected children will still be supervised in class until the normal dismissal time of 3:20pm. This will keep children out of the sun for an extended period of time in extreme conditions. If the hot day is on a Monday we will run our assembly at 2:30pm so parents can attend and collect their children once the assembly has finished. Please contact the school if you are unsure of our arrangements on these days.

Thanks again,
Laurie Murray

IN THIS ISSUE

- Fundraising update
- Life Ed program
- Junior Theatre Festival
- Chess Tournaments
- Community Bank Business Dinner
- KG CFA AGM

3 Way Conferences

On Wednesday the 21st of February, the school was buzzing as families came in across the day for their 3 Way Conferences.

The teachers really enjoyed having the opportunity to meet with everyone who attended and to begin building that important partnership between home and school. We look forward to working as a team this year to help your children have the best year possible at KGPS and are excited to work together to maximise their learning and growth whilst in our classrooms. It was nice to get to know you, and hopefully for you to get to know us too. It was helpful for you to share with us all about your child, as you know them better than anyone of course. We enjoyed discussing how everyone has settled in so far and our start up programs, as well as perhaps highlights and opportunities across the year. We hope we were able to answer any questions you may have had so far.

Thank you for supporting this significant event on our school calendar, and we hope our families got as much out of this meeting as the staff did.

Dani Angeli—Acting Assistant Principal



CONTACT US

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kangaroo.ground.ps@education.vic.gov.au www.kangaroogroundps.vic.edu.au
 Out of School Hours Care (OSHC): 9712 0124 / 0419 893 272 kgpsoshc@bigpond.com

FUNDRAISING UPDATE TERM 1

A quick update on a few fundraising initiatives that will be coming up this term.

Drive in Movie Night Planning-

Next Monday 26/02 we will be having a brief planning meeting for movie night at 3:30 after school in the ALC. Anyone who can contribute to movie night planning in any way is welcome. If you have any feedback or great ideas to improve what is already a fun night please come along or leave your details at the office so we can get in touch. The more people involved with organising this event, the easier it is to organise and a better outcome for all. So even if you only have limited time to help- there are a few tasks that can be done from home/computer/phone and won't take much time.

Later in the term we will be requesting donations for silent auction hampers as we have in past years- more details to follow in coming weeks.

Hot Cross Bun Morning Tea- Tue 26 MARCH

This year instead of bakers delight hot cross bun fundraiser we will be having a special hot cross bun morning tea at school. Order forms will go out later in the term to participate. We will try to be as inclusive as possible with dietary requirements for this event. 😊

Cake Raffle- next Monday

A new fundraising event we would like to trial a couple of times this term is a cake raffle. The first one will be next Monday 26/02. The first treat up for grabs is generously donated homemade vanilla slice. Raffle tickets will be sold at lunchtime on Monday for \$1 each and the winner will be drawn at Assembly.

If any parents have any amazing baking abilities and would be happy to donate a cake, slice, brownies, cupcakes, pie, etc one week please get in touch!! 🍰 🍪 🍩

Rachelle Cuthbert-Sayers

VALUES OF THE WEEK



Back - Elena, Indigo, Maddy, Rupert, Elijah and Eisley

Front - Mila, Koa and Will

Health and Wellbeing Program

Life Ed offers a range of age-appropriate primary school sessions aligned to the Victorian curriculum. Designed to empower students by providing life skills to make safer and healthier decisions.



Each session covers a key area

Health and Wellbeing 

Cyber Safety 

Drugs and Alcohol 

Respectful Relationships 



Everything your body needs for a healthy day

Foundation | 60 mins

Harold and his friends want to look their best for photo day at school, but discover that things don't always go to plan. This module focuses on things students can do to keep themselves healthy including:

- the importance of personal hygiene
- choosing foods for a healthy balanced diet
- benefits of physical activity and sleep



Friendships, feelings and body clues

Foundation / Year 1 | 60 mins

After building a model spaceship at school, Harold and his friends Boots and Red, venture into an imaginary world in outer space. As the adventure unfolds students explore:

- how to build friendships and care for others
- feelings and emotions
- safe and unsafe situations, early warning signs and people to turn to for help



Be your social, emotional and physical best

Year 1 | 60 mins

Harold and his friends are ready for their big race at the school athletics carnival... or are they? When one member of their relay team doesn't show up, what will they do? This fun, engaging narrative provides students the opportunities to discover:

- safety strategies in different environments
- how our body reacts in new situations
- what our body needs to be healthy including a nutritious diet, water and sleep
- benefits of physical activity



Staying safe and seeking help

Years 1-2 | 60 mins

Harold and his friends have gone camping. When someone gets injured on a hiking expedition how will they look after each other and make it back to camp? This module helps students to problem solve and focuses on:

- recognising safe and unsafe environments
- how to care for others
- places and people who they can go to for help



Nurturing our bodies and friendships

Years 2-3 | 60 mins

Harold tries to figure out what to give his grandma for her birthday. His friends Boots and Red step in and offer some good ideas. This animated story takes us to familiar surroundings where students can:

- define who the "special people" are in our lives
- identify ways to make new friends and maintain healthy friendships
- explore how positive relationships benefit our health and wellbeing



Discovering a healthy active you

Years 3-4 | 90 mins

In this module students travel around inside the body to visit the body systems. Harold reports his findings along the way to help students learn how food is processed, the role of nutrients in our bodies, and how the heart and lungs oxygenate blood.

Students will learn:

- the benefits of healthy food for health and energy
- function of the body systems; digestive, respiratory, circulatory and others
- factors that influence physical health, such as nutrition, exercise and medicines

Health and Wellbeing Program

Years 3-4 | 90 mins



Friends & Feelings.

Social & emotional wellbeing

This module focuses on being a good friend. The concepts of, asking consent, having tricky conversations with friends, and feelings associated with big changes are also explored. Students will learn about:

- identifying and practising assertive communications skills
- practising emotional regulation skills such as mindful breathing
- broadening and developing emotional literacy



Years 3-6 | 90 mins



bCyber Wise.

Digital literacy and staying safe

This module focuses on cybersafety, cyber ethics and building positive relationships with friends online and offline. The students explore how technology and the online world can be positive, but also the risks that can be involved. Students will build a range of strategies to stay safe online around:

- keeping personal information safe online
- responsible and respectful behaviour when using communication technology
- how to report inappropriate behaviour and how to get support
- safe/unsafe people to engage with online
- ways to manage bullying and cyberbullying

Years 5-6 | 90 mins



take a Breath.

Smoking and vaping - your voice, your choice

Students investigate the issues around vaping and smoking. Students are encouraged to stop and "take a breath", ask questions, seek answers, and exercise critical thinking skills before making a decision.

- What are vapes and cigarettes?
- Physical, social, financial & health effects of cigarettes, e-cigarettes and nicotine
- The comparisons and connections between e-cigarettes/vaping and the history of smoking
- Strategies & responses that model assertiveness and resilience in challenging situations

Years 5-6 | 90 mins



Think twice.

Alcohol and its effects

This module tackles the topic of alcohol through age appropriate content and activities. Students explore the short and long term impacts alcohol can have on individuals and their communities. Through collaborative activities students will learn how being under the influence of alcohol can affect a person's thoughts and emotions, laws relating to its sale and reasons why people choose not to consume alcohol. They will also learn:

- the effects of alcohol on the body
- physical, social & legal consequences of alcohol use
- myths and facts surrounding the use of alcohol
- strategies for responding to encouragement or pressure to drink
- strategies to reduce harmful effects of alcohol on self and others

Years 5-6 | 90 mins



Decisions.

Supporting you to make informed and safe decisions

This module offers a choice of content on legal drugs or legal and illegal drugs and encourages students to make informed and positive decisions for themselves. Students explore the decision making process and improve decision making skills by looking at choices, consequences, responsibilities, facts, and influences. Students will explore:

- what drugs are and how they are classified
- the effects of drugs on the body
- influences on decision making – family, peers, media, culture, financial, legal
- misinformation surrounding drugs and how accurate information supports decision making
- strategies to manage peer pressure and skills to be safe

Years 5-6 | 90 mins



Relate Respect Connect.

Respectful relationships and wellbeing

A unique, contemporary module that explores building positive, safe and respectful relationships. Presented via a series of fictitious vlogs that resonate with young people moving through middle, upper primary school and beyond this module focuses on:

- understanding how and why it's important to respect ourselves and others
- exploring the impact of disrespectful behaviours
- identifying characteristics of positive relationships and strategies to maintain them
- strategies to respond to unsafe or disrespectful situations online and offline
- strategies for emotional regulation and avenues to seek support when needed



Healthy Harold Live!

Whole School | 15 mins

This experience is complimentary with a Health and Wellbeing Program booking

Part of our 5 Step Learning Journey is, life-Sized (yep, that's right LIFE-SIZED) Harold and his Facilitator visit your school assembly so students have the opportunity to mingle and dance with Healthy Harold for a memorable experience they won't forget.



Teacher & Parent Resources

We also offer pre- and post-visit resources for teachers so they can make the most out of our visit.

Students will also receive a learning artefact which they can complete in class and reinforces the learning.

Additional Programs

These additional programs are to be booked separately

talk
about it!



Sexuality and Consent (9 modules)

Foundation - Year 6

'Talk About It' helps kids navigate puberty, sexual health and relationships. It's designed to help support students explore the concept of identity, develop safe and respectful relationships, and understand and manage the physical and emotional changes that occur during puberty.

This program is a sensitive and age-appropriate personal development program for students in primary school that focuses on:

- Identity
- Diversity and inclusivity
- Puberty changes
- Consent
- Protective behaviours and hygiene
- Managing peer pressure
- Building and maintaining healthy relationships



Healthy habits for early learners



Big feelings and life connections

Early Years Learning

Preschoolers

Three play-based incursions that embed healthy habits in children from an early age. Our Early Years Learning program covers health, safety and building relationships. These high-quality play-based learning for 3 - 5 year olds can:

- strengthen neural pathways associated with learning
- enhance well-being
- improve memory and organisational abilities
- teach children self-regulation and problem-solving skills
- encourage creativity and critical thinking

For more information on all our programs head to:
www.lifeedvic.org.au/schools





PERFORMANCE OPPORTUNITY

Kangaroo Ground Primary School has been invited to bring a group of 35 students to participate in the Junior Theatre Festival Australia this year!



Where: Bunjil Place Theatre (Narre Warren)



When: Saturday 27th July

What: Students who attend will perform a 20 minute segment from our production of Shrek Jr. It will be reimagined with students taking on different roles and with evolving choreography and staging that will build on what was performed last year.

The performance will be adjudicated by industry professionals who will provide encouragement and advice to students.

Throughout the remainder of the day, students will attend a range of workshops in singing, dancing and drama. They will also be able to watch other schools performances and preview a brand new musical show. In the evening, there will be an awards ceremony where all schools will be acknowledged for their achievements. .

Who: We are able to take up to 35 students to this event to represent our school. Therefore we will be seeking expressions of interest for students. Please read the Expression of Interest form for further information about the event.

This opportunity is open to students from Grade 3 - 6 only in accordance with the age requirements set by the Junior Music Theatre Festival.

Kind Regards,

Sarah Carruthers
Performing Arts Teacher

For more information on the JTF, check out the video:

<https://www.youtube.com/watch?v=DxRmu8RSTGc>





JUNIOR THEATRE FESTIVAL

EXPRESSION OF INTEREST FORM

I would like to express interest for my child _____ from Grade _____ to attend the Junior Musical Theatre Festival to be held on Saturday 27th July at Bunjil Place Theatre.

I understand there is a cost of \$120 per student that I will be required to pay for my child to attend.

I understand that I will be required to transport my child to and from the theatre on the day of the festival.

Parent Name: _____

Parent Signature: _____

Date: _____

Please note: **Rehearsals**

Students will be required to attend regular rehearsals each week (for example: at lunchtime or recess). It is important that rehearsals are not missed as this effects the progress of the production number as a whole.

Student Selection

We are able to take up to 35 students to this event.

Therefore we will be seeking expressions of interest for students. Based on this, if we have more than 35 students who are interested there will be a short audition process to determine who will attend.

This opportunity is open to students from Grade 3 - 6 only in accordance with the age requirements set by the Junior Music Theatre Festival.

Parent Attendance

Parents are able to attend the festival at a cost of \$120 per parent. This includes entry to the full day event including the school's performance. However, parent attendance is not required as there will be staff from Kangaroo Ground Primary School attending to supervise and support students.

NSC Chess Tournaments at Kangaroo Ground Primary School

Northern Star Chess has been running chess tournaments, one per term, at KGPS for more than 15 years! We welcome KGPS students to join in at any of the events hosted at KGPS this year. Online registration is essential, we offer this using Trybooking. Please see below for the link which has been set up especially for KGPS parents.

Register before the event – 4 tournaments on offer this year!

Due to the nature of this process, your child needs to be registered online before the event. We can only accept KGPS students on the day if they are registered. (unless a parent comes with the child at the start of the tournament to give permission and make a cash payment)

Term 1:	Thursday 7th March 9:30am to 2:00pm (approx)
Term 2:	Thursday 20th June 9:30am to 2:00pm (approx)
Term 3:	Thursday 19 th September 9:30am to 2:00pm (approx)
Term 4:	Thursday 28th November 9:30am to 2:00pm (approx)

Format:

- Individual based tournament
- Every student plays 7 games against players of similar skill, regardless of how many games they win or lose (Swiss pairing method)
- Students experience proper tournament rules
- Gold/Silver/Bronze medals awarded to various grade/year level categories
- "Star of the tournament" trophy for top scorer of the day
- Table prizes/giveaways.
- Cost is \$25 per student per event

How to register – KGPS chess tournaments:

Register and pay online with Trybooking.com using any of the methods below:

1. **Scan QR code** for booking page
2. **[Click on this link](#)** for booking page (if you see a clickable link)
3. **Type the URL below** in your browser for booking page



<https://www.trybooking.com/CPNDA>

Enquiries: info@NorthernStarChess.com

Would you like to join the
Kangaroo Ground CFA
but not as a firefighter?
We'd love your support.
The KG CFA is a fully volunteer Brigade.

The Friends of the KG CFA support the Brigade with
community awareness, fundraising and social
activities.

If this sounds like your gem – and you'd like more
information – you can give me a call or come along
to our AGM



Friends of Kangaroo Ground CFA

AGM

On Monday 26 February 2024

At 7pm

at the KG CFA Station

ALL WELCOME

Supporting our Brigade through

- Fundraising
- Social Activities
- Community Awareness



RSVP: Narelle Law to: narelle.law@bigpond.com or 0417 315 823

Community Bank · Hurstbridge, Diamond Creek, Eltham, Doreen-Mernda & Kinglake



You're invited

Business Dinner

Guest speaker Ray Chamberlain

Most people know Razor as the 'colourful', 380 something game AFL umpire, but little know there is a lot more to the man than a cheeky back chat to the players on game day.



Guest Speaker
Ray 'Razor' Chamberlain



Scan this QR code to purchase tickets.

When	Wednesday 27 March
Time	6pm registration for a 6.30pm start Finish time of 8.30pm
Where	Ballara Receptions, 1435 Main Road, Eltham
RSVP	Tickets \$20 per person, available via Trybooking until 5pm on 20/3/24 https://www.trybooking.com/CPCPP Proceeds from tickets will be donated back to groups via a draw at the end of evening.



BUILDING POSITIVE BODY IMAGE

FREE ONLINE SESSION FOR PARENTS & CARERS

Banyule Youth Services invites all parents & carers to this **FREE ONLINE** session on improving the body image of our young people.

Marina Payne an eating disorder dietitian will explore:

- Risk factors, warning signs and the impact of social media.
- Learn how to be a positive role model
- Learn practical support and where access help.



Tuesday 5 March 2024 7pm-8pm

ONLINE via zoom

Contact Jess Sayers 94579983
jessica.sayers@banyule.vic.gov.au

Booking via booking via
linktr.ee/BanyuleYouthServices



WWW.BANYULEYOUTH.COM

We acknowledge that this event will be held on the traditional land of the Wurundjeri Woi-wurrung people of the Kulin nation. We pay our respects to their elders and leaders - past, present and emerging



BanyuleYouthServices



ENGAGE!

TRUMPET LESSONS AT KANGAROO GROUND PRIMARY SCHOOL

Come and join the band of brass players at Kangaroo Ground. It is a great way to be introduced to an instrument and the exciting world of music. Learning an international language that can be expressed all over the world is a whole lot of fun while you learn how to play and read music. Take on a classical piece, a popular piece, your favourite movie theme, swing it out with a jazz tune or two and more.

Learning to play a musical instrument can also enhance fine and gross motor movements and coordination skills; provide strategies to support health and well-being; and foster a greater capacity for memory and social skills interactions and self-expression. So many wonderful benefits!

I have over 18 years experience (11 at KGPS) working with children and finding their way of learning is a wonderful experience and so rewarding to see them learn with music. I love sharing this knowledge with my students.

If your child is curious about learning the trumpet please email me and we can arrange a free no obligation mini lesson to see if they like it.

All enquiries please contact Tai Jordan via email:
taimusiclessons@gmail.com
or contact 0409 525 298.



The Unfussy Eater Program:

How to Raise Confident & Adventurous Eaters!

- Do you dread mealtimes with your picky eater?
- Are you stuck not knowing WHAT to feed your child, but also HOW to feed them?
- End mealtime stress and become confident about helping your child become an Unfussy Eater!

Join our 6-week Online Program that will bring peace to the dinner table and provide you with the tools, strategies and knowledge to feel confident in feeding your child.



What's Included:



FOOD GUIDES & MEAL PLANS



TARGETED WEEKLY TOPICS



FAMILY-FRIENDLY RECIPE BOOK



MONTHLY COACHING CALLS



BITE-SIZED TOOLS



PRIVATE COMMUNITY SUPPORT

Plus you get a range of bonus modules & materials valued at over \$1000!

Register Now: www.bewellnourishment.com

DIAMOND VALLEY SINGERS
production of

Disney
FROZEN JR.

Music and Lyrics by
KRISTEN ANDERSON-LOPEZ & ROBERT LOPEZ

Book by
JENNIFER LEE

Based on the Disney Film written by
JENNIFER LEE

and Directed by
CHRIS BUCK AND JENNIFER LEE

Licensed exclusively by
Music Theatre International
(Australasia).

All performance materials supplied by
Hal Leonard Australia.

EIGHT PERFORMANCES

MARCH 15-24

PERFORMANCES

Friday 15 March 2024	7.00pm
Saturday 16 March 2024	2.00pm 6.00pm
Sunday 17 March 2024	2.00pm 6.00pm
Friday 22 March 2024	7.00pm
Saturday 23 March 2024	2.00pm 6.00pm

Warrandyte High School Theatre,
Alexander Road, Warrandyte

TICKETS

Adult	\$36
Concession / student	\$31
Under 18 years	\$19
Groups of 10+	\$31

**TICKETS ON
SALE NOW**

www.dvsingers.org

ENQUIRIES 9439 7843



dvs
DIAMOND VALLEY
SINGERS

Come and Join the TENNIS



Program At Kangaroo Ground Tennis Club!

Come and join the other children at Kangaroo Ground Primary School who are a part of our **HOT SHOTS** team! The Hot Shots program is run during the school lunch hour and is available for all ages and abilities, from preps to grade 6 and competition players.

A Free trial for Preps is available on Wednesday lunchtime.

Lessons are also available before and after school.

Please contact Katie on 0407 071 599 for inquiries and bookings.