

## CALENDAR

### FEBRUARY

No school for preps Fri 17

Swimming 3/4/5/6 Tue 21

Swimming 3/4/5/6 Thu 23

Sugarloaf District Fri 24

### MARCH

G6 Leadership day Thu 9

Prep/1/2 Literacy info session Thu 9

Curriculum day-no school for students Fri 10

Labour Day holiday Mon 13

Meet the Teacher Wed 15

School council meeting Mon 20

### APRIL

LAST DAY OF TERM 1  
Dismissal 2.30pm Thu 6

FIRST DAY OF TERM 2 Mon 24

ANZAC Day Tue 25

### MAY

School council meeting Mon 1

School photos Mon 8

### JUNE

PRODUCTION Mon 5

Report-writing day-no school for students Fri 9

King's Birthday Mon 12

## 16 February 2023 Newsletter 3

### From the Principal



The temporary construction fencing has now been erected so we are working to educate students about walking safely around the new walkways. This is a walking zone to avoid tripping incidents until the pathway is widened.

#### 2023 KG AUSKICK

A XUNO message has gone out to families with all Auskick registration information. Flyers have also been distributed so we hope we can generate sufficient participants to re-establish our after school Auskick program. Parents can follow the link to register.

#### DEMOLITION REMINDER

As mentioned earlier, the relevant Education Department policy determines that asbestos must be removed outside school hours. Asbestos removal workers will be at school on Saturday and Sunday so we ask parents to avoid visiting the school ground at this time. All asbestos will be contained in the building with no airborne fibres outside the building.

Once asbestos has been removed, the partial demolition of the building will take place.

#### HOT DAY TIMETABLE

At this stage, the next two days are both forecast by the Bureau to be 35 degrees or higher. This means that our hot day timetable will be in effect and we will run a different timetable.

The lunch break will be shortened to half an hour and the children will start their afternoon classes early. The school day will finish at 3:00pm and parents will be able to collect their children from 3:00pm. Uncollected children will still be supervised in class until the normal dismissal time of 3:20pm. This will keep children out of the sun for an extended period of time in extreme conditions. Please contact the school if you are unsure of our arrangements on these days.

#### SUGARLOAF DISTRICT SWIMMING CARNIVAL

Our Sugarloaf District swimming carnival is scheduled for Friday 24th February. Children don't need to do lessons to take part. Parents are most welcome to attend the carnival. Children compete in the 9/10, 11 and 12 year age groups. The age that a child turns in 2023 determines their age group.

#### RAT TESTS AND MASKS AVAILABLE

There are a number of Covid test kits and face masks for children and adults available at the office. You are welcome to contact the school and we can pass them on to children or they can be collected directly from the office. There is no charge for these items.

Thanks again,  
Laurie Murray



## Missing,

amethyst stone pendant on the school basketball court. If found, please return to the Kangaroo Ground Primary School office, or call: Mobile: 0439 061 115 or 0403 116 346, and leave a message.

### IN TODAY'S NEWSLETTER

Advice on the correct footwear for PE, (please ensure your child knows which day they have PE and are dressed appropriately) and a callout from Miss Carruthers re parent helpers for our upcoming production of SHREK Jr.

## CONTACT US

Address: 10 Graham Rd, Kangaroo Ground, 3097 Phone: 9712 0292  
kangaroo.ground.ps@education.vic.gov.au www.kangaroogroundps.vic.edu.au  
Out of School Hours Care (OSHC): 9712 0124 / 0419 893 272 kgpsoshc@bigpond.com

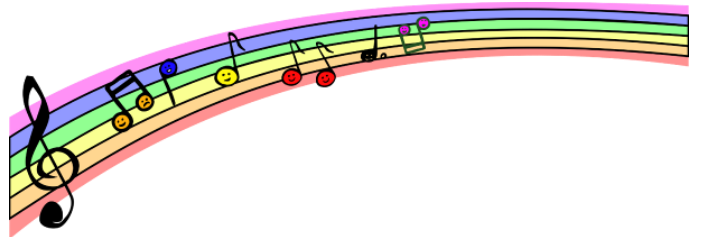
# VALUES OF THE WEEK



Back - Sienna, Arlo, Luke, Willem, Brodie, Holly and Hugo  
Front - Harry, Violet, Lewis, Lita and Jack

## Private Music Tuition in 2023

My name is Joyce Harvey and I am a teacher with over 25 years teaching experience. I have a few places available for Private Tuition in Piano, Flute, Clarinet, Recorder and Music Theory. AMEB exams are catered for. I am happy to negotiate shared lessons for beginners.



### Keyboard Groups

Keyboard tuition is also available in small groups of 5. These classes are ideally suited to children in Grades Prep -2 but lessons can be adapted for the older beginner. Lessons are conducted during school time at Kangaroo Ground Primary School or after school time by request.

If you wish to learn more about my lessons, please contact me by phone or email.

Joyce Harvey

Bachelor of Arts (Music)  
0418 359 409  
joyceharvey4848@gmail.com



# WEARING THE CORRECT FOOTWEAR IN HPE

[www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)

It is important to wear the correct footwear when taking part in any type of physical activity. Incorrect footwear can lead to injuries such as heel pain, shin splints, shin pain, back pain, sore calf muscles and ankle sprains and breaks. By wearing the correct footwear, injuries are less likely and your sports performance may even be improved.

Shoes for your child should ideally have:

- a comfortable fit in length and width
- plenty of room for the toes
- a flexible, flat sole – check the sole can bend near the toe
- the front of the shoe wider than the heel, to match the natural shape of the foot
- a solid heel counter (part that goes around the back of the heel)
- laces, straps or fasteners to prevent too much movement or slipping of the foot inside the shoe.
- 



Expensive shoes are not always better. Children outgrow their shoes very quickly.

## NO OPEN-TOED FOOTWEAR, THONGS OR BOOTS







## KGPS School Production 2023

This Year K.G. is turning GREEN as we perform Shrek Jr on Monday 5<sup>th</sup> June at the George Wood Theatre (Yarra Valley Grammar School, Ringwood).

All students will have the opportunity to be involved in the production – singing, dancing and acting on stage. Some of our senior students will also have the opportunity to take on additional responsibilities and help backstage with tasks like lighting and sets and props.

Auditions were held late last year and our Main Cast is now confirmed. As I say to the students –every role is essential to the success in our show, big or small! Rehearsals have started this week for all classes and the enthusiasm from our students has been incredible.

### Parent Helpers

Putting together a production with 250 students is quite a mammoth task! Any assistance from parents or members of the school community would be greatly appreciated.

If you are able to help out (even taking on a small job is a big help!) please fill out the Parent Helper form below and return to the Office. Or feel free to send me a message via XUNO.

Thanks,

Sarah Carruthers,

Performing Arts Teacher & Production Director



## Parent Helper Expression of Interest Form

Name:

Email:

Contact Phone Number:

Child's Name:

Grade:

### I would like to assist with the following:

(Tick all that apply)

- ☐ Costuming (Sewing)
- ☐ Costuming (Non-Sewing)
- ☐ Building Sets/Props (Carpentry Skills)
- ☐ Sourcing Sets & Props (Op-shopping)
- ☐ Decorating Sets & Props (Painting, Gluing, Papier Mache)
- ☐ Transporting Sets & Props (Truck/Van/Horse Trailer)
- ☐ Program Design
- ☐ Photography
- ☐ Videography
- ☐ Lighting
- ☐ Audio
- ☐ Other: \_\_\_\_\_

*Please return this form to the KGPS Office.*

*We will reach out to you in the coming weeks to discuss the ways in which you can help! Thank you.*

# 5 SCHOOL LUNCH IDEAS THAT AREN'T SANDWICHES



## 1. Food on Sticks

Are a quick, easy, & fun lunch idea that you can whip up using a range of preferred (and new) foods for your kids to try. (For young kids, use flat, blunt-edged bamboo sticks, not the stabby toothpick-like kind.)

## 2. Pizza Rolls

These are literally the easiest things to make, and you can use everything from ham & cheese, pizza sauce or leftover bolognese sauce! They are perfect for the lunchbox & freezer friendly!



## 3. Wraps

Wraps are great as an easy lunch when you want to change up the usual sandwich options. They're quick, full of nutrition, and have lots of kid-friendly options.

## 4. Quesadillas

Crispy tortillas stuffed with melted cheese and all of your favourite fillings. Everything from simple cheese, chicken & avocado, & leftover taco mince, they are easy to make and don't need to be served piping hot to be delicious!



## 5. Sandwich sushi

Are a quick and easy way to make sandwiches more fun and interesting, and are easy to customise to your kids tastes. Make them with or without crusts and load them with different fillings.

**Need Help With Your Picky Eater?**  
**Get In Touch:**



@familynutritionist\_tracy



bewellnourishment.com



Be Well Nourishment Family Nutrition



bewellnourishment@gmail.com



0427 733 485



**Diamond Valley Singers**  
production of



# Seussical JR.

**Music by**  
**STEPHEN FLAHERTY**

**Lyrics by**  
**LYNN AHRENS**

Book by LYNN AHRENS and STEPHEN FLAHERTY

Co-Conceived by LYNN AHRENS, STEPHEN FLAHERTY and ERIC IDLE

Based on the Works of DR. SEUSS

Licensed exclusively by Music Theatre International  
(Australasia). All performance materials supplied by  
Hal Leonard Australia.

**MARCH 24 – APRIL 1**

**TICKETS ON  
SALE NOW**

[trybooking.com/CDTLK](http://trybooking.com/CDTLK)



ENQUIRIES 9439 7843

[www.dvsingers.org](http://www.dvsingers.org)





AUSTRALIAN GIRLS CHOIR



AUSTRALIAN GIRLS CHOIR

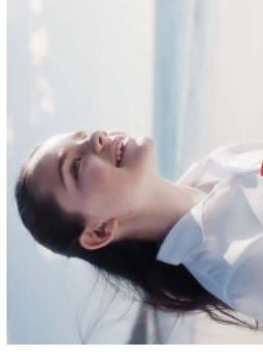


**An experience that goes far beyond the stage!**

Girls blossom as members of the AGC, both on and off the stage. Your daughter will develop confidence, public speaking and presentation skills, resilience and friendships that will last a lifetime.

Our senior performers have shared the stage with a long list of artists including Hugh Jackman, Amy Shark and Christine Anu. You may have seen our girls perform at the National Memorial Service for Queen Elizabeth II, the AFL Grand Final or on the recently released 'I Still Call Australia Home' campaign for Qantas.

Now accepting enrolments for our rehearsal venues in Berwick, Box Hill, Caulfield North, Cheltenham, Essendon, Glen Waverley, Greensborough, Heidelberg, Ivanhoe, Kew, Ringwood and Yarraville.



**JOIN US AT OUR FEBRUARY OPEN DAY**

Register now at [ausgirlschoir.com.au/joinagc](https://ausgirlschoir.com.au/joinagc) or phone 03 9859 6499



AUSTRALIAN SCHOOL OF PERFORMING ARTS



**Is this your daughter?**

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

**Join us at our  
FEBRUARY OPEN DAY!**



AUSTRALIAN SCHOOL OF PERFORMING ARTS







# Yaluk Langa Community Day

Saturday 18 March 2023  
10am to 2pm  
Free entry



Join us as we celebrate Wurundjeri Woi-wurrung Culture and the continuing Yaluk Langa ('River's Edge') tree scarring project.

The journey explores Wurundjeri's deep connection to Country and the significant landscape that exists at Heide, on the banks of the Birrarung.

You are invited to take part in free art workshops, guided walks with Wurundjeri Elders and native tree planting as we traverse the intersection of ecology and Wurundjeri Culture.

Heide Museum of Modern Art  
7 Templestowe Road Bulleen  
Victoria 3105 Australia

photograph: Clytie Meredith



## LAURIMAR CALISTHENICS!

**FIRST 2 CLASSES FREE!**

Call 0417 012 916

[www.laurimarcalisthenics.com.au](http://www.laurimarcalisthenics.com.au)  
[laurimarcalisthenics@gmail.com](mailto:laurimarcalisthenics@gmail.com)

Proudly sponsored by **TECHNIKA**  
COOKING WITH PASSION



Supported by

